

Wear a cloth face covering or mask to reduce the spread of COVID-19



You may have the virus ***even if you don't have symptoms.***

Protect yourself and others by wearing a cloth face covering or mask.

person with COVID-19	person without COVID-19	chance of spreading COVID-19
 neither person wearing face covering + less than 6 feet apart		very high
 only healthy person wearing face covering + less than 6 feet apart		high
 only person with COVID-19 wearing face covering + less than 6 feet apart		medium
 both wearing face covering + less than 6 feet apart		low
 both wearing face covering + at least 6 feet apart		very low
 staying home		virtually none

To request this document in another format, call 1-800-525-0127.
Deaf or hard of hearing customers, please call 711 (Washington Relay) or email civil.rights@doh.wa.gov.

I wear a mask because

Click here to view the video or go to: <https://youtu.be/KpXZkChOXwI>

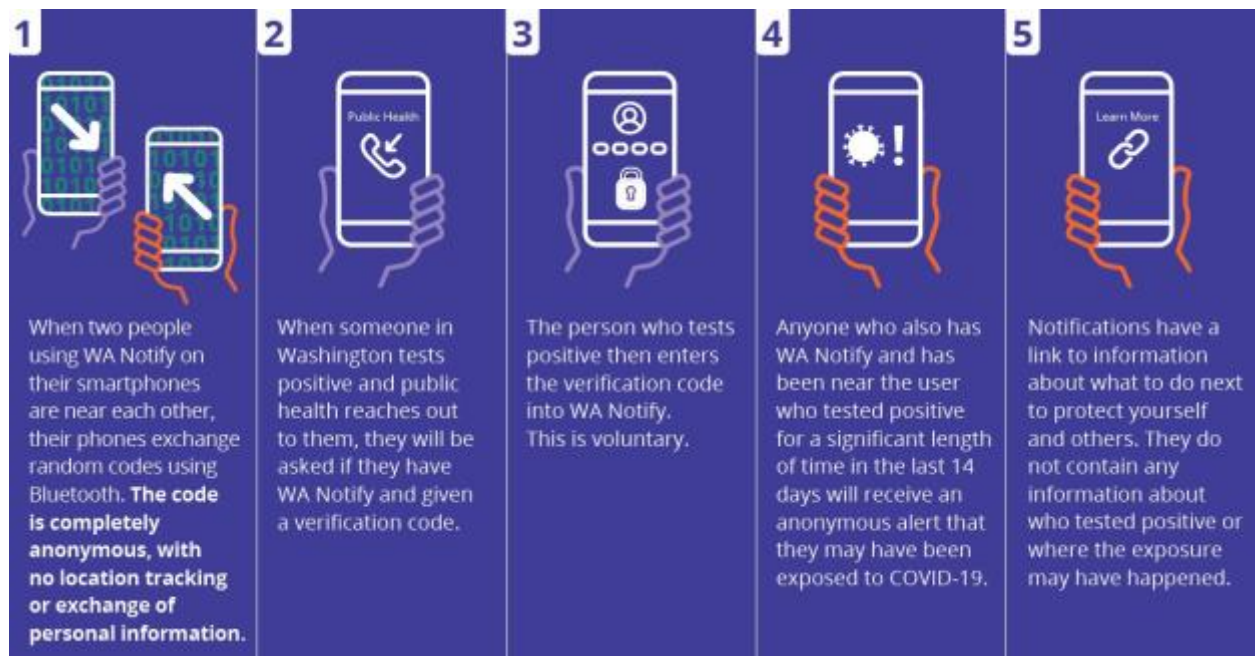


Maintain Physical-distance

Click here to view the video or go to: <https://youtu.be/Ghwj3hNcBnE>.





Washington Exposure Notifications - WA Notify



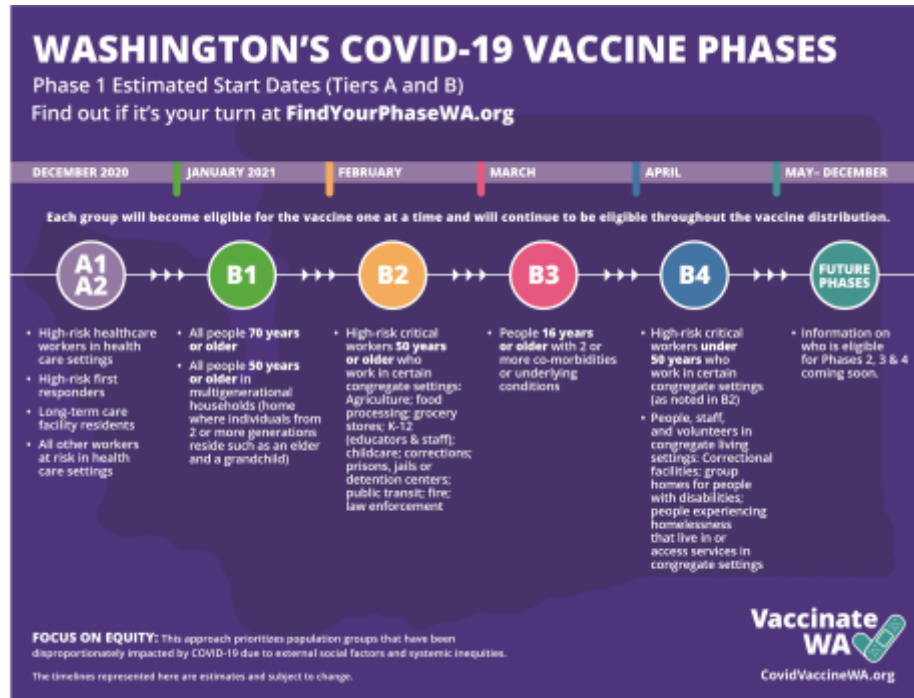
Washington Exposure Notifications (also known as WA Notify) is a new tool that works through smartphones, without sharing any personal information, to alert users if they may have been exposed to COVID-19. It is completely private, and doesn't know or track who you are or where you go.

* [Additional Languages](#)

How do I add WA Notify to my phone?

 On an iPhone , enable Exposure Notifications in Settings <ul style="list-style-type: none">• Go to Settings• Scroll down to Exposure Notifications• Click "Turn On Exposure Notifications"• Select United States• Select Washington	 On an Android phone: <ul style="list-style-type: none">• Go to the Google Play Store• Download the WA Notify app
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Washington's COVID-19 Vaccine Phases



1 - [Check Your COVID-19 Vaccine Eligibility](#)



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GLOSSARY OF TERMS

CO-MORBIDITIES

Morbidity is a medical term that means illness or disease. Co-morbidities means more than one illness or disease occurring in one person at the same time. Phase 1 – Tier 3 includes people with 2 more comorbidities or underlying conditions that put them at increased risk for severe illness if infected with COVID. This list of these conditions can be found on the CDC website: <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-medical-conditions.html>.

CONGREGATE SETTING

An environment where individuals work and/or reside in an enclosed space and where they are interacting with a high volume of people over an extended period of time and not able to consistently maintain physical distance.

CRITICAL WORKERS

Individuals working in an industry that maintains critical infrastructure for social and economic systems in our state. (See reverse side for detailed list.)

HIGH-RISK WORKERS IN A HEALTHCARE SETTING

Workers who are at higher risk of COVID-19 infection because they meet one or more of the following criteria:

- Administer COVID-19 testing or handle COVID-19 specimens
- Administer COVID-19 vaccine or have patient contact in a COVID-19 vaccination site.
- Work at a community-based, congregate living facility (for example, long-term care facility, adult family home or residential care community) where people over 65 years old receive care, supervision or assistance.
- A professional care provider to someone who is at higher risk of severe outcomes if infected with COVID-19 (for example, home health aide, dialysis provider, or cancer treatment provider).

HIGH-RISK WORKERS IN A HEALTHCARE SETTING (CONT)

- Worker (for example, healthcare provider, security, environmental management) in a setting that provides direct care for suspected or confirmed COVID-19 patients.
- First responder (for example, EMS, police or firefighter) in settings where direct care is provided to suspected or confirmed COVID-19 patients.
- Worker at high risk of infection and transmission of COVID-19 because of exposure to the general public.

LONG-TERM CARE FACILITY

For the purposes of the vaccine allocation guidance, long-term care facilities are defined as community-based, congregate living settings where most individuals over 65 years of age are receiving care, supervision, or assistance and are unable to reside independently in the community.

MULTIGENERATIONAL HOUSEHOLD

Household where individuals from 2 or more generations reside such as an elder and a grandchild.

WORKERS IN HEALTHCARE SETTINGS

Includes the full spectrum of workers at health agencies including all types of staff (e.g., contracted, part-time, unpaid/volunteer) and the spectrum of staff who provide services (e.g., ambulatory, direct patient care, support services).

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You have completed this week's COVID-19 Health and Safety Training

In order to receive credit for training participation, you must submit your details here: [click here to submit](#).

If you have questions about this or any other environmental health & safety issues, please, email healthandsafety@seattlecolleges.edu.